

## Reviews

“...waggishly smart...” - *The Telegraph*

“Milligan is an expert.” - *Bleacher Report*

“Milligan...projects a sense of grandeur onto the event....” - *Chicago Tribune*

“If you can’t get enough of Spain’s Fiesta de San Fermin, dive into Peter N. Milligan’s new memoir filled with terrifying true stories about the running of the bulls.” - *Travel+Leisure*

“A thoroughly engaging look at the celebration itself, its long history, and the ongoing controversy that surrounds it. Beyond the bulls, this is an exhilarating travelogue of two brothers exploring the Navarra region, its food and customs and hidden treasures, and the relationships that they form and reinforce each year as they applaud one another and prepare for the next season.” - *Booklist*

“Best book out about everything you need to know before running with the Pamplona bulls whose author survived 70 runs. A must read if only to learn that every manhole cover there is ice. Exciting even for the non-runner. Should be Pamplona's Official Book on the subject.” - *Robert F. Burgess, Hemingway's Paris and Pamplona: Then and Now*

“At times hilarious, at others deadly serious, *Bulls Before Breakfast* is a fun, vivid, informative, lyrical and authentic exploration of the San Fermin Festival through the lens of an author who truly loves it. Both Peter Milligan and his brother Ari suffered serious injury and returned to Pamplona to run with the bulls which is one of the truest tests of a bull runner. Both of these Mozos are the real thing and I feel very honored to run bulls with them.” - *Bill Hillmann, American bull runner and author*

“I have been covering San Fermin for years now for the Associated French Press and Peter is by far the foreigner I have met with the deepest knowledge, the most passion, and the greatest respect for the fiesta and all its traditions. - *Daniel Silva, AFP*

A rip-roaring, bull running, bovine snorting, tale of a city, people and fiesta I love. But it's so much more. It's the story of two brothers' travels in and around the beautiful countryside and coast that surround Pamplona, full of history and humour, antics and anecdotes, glorious mishaps and gorgeous meals. A truly moveable feast! - *Tim Pinks,*

*Bulls Before Breakfast:*

*Running with the Bulls and Celebrating Fiesta de San Fermín in Pamplona, Spain*

By Peter N. Milligan

*thirty-year-plus fiesta veteran and author of the Pamplona tale Bullseye*

One of the world's most colourful events told by one of its most colourful characters. I first met Peter Milligan and his friend Ari in the thick of the crowd while I was making a documentary about the festival. We were about to be charged at by Bulls. Peter explained that we were "not running against them - we're running with them... joining the herd on their last morning in the sun as they go to the bullring." As Peter tells of his experience of Bulls Before Breakfast it's clear he is just a regular guy who is simply passionate about what he does. It has nothing to do with machismo; but is a unique experience that forges friendships in no other way. Peter takes you right into the narrow streets and gives a heart thumping account of what it's like to run with bulls and he also offers a superb guide to the intricacies of the festival. It is a brilliant, vivid and very personal account and perfect reading for anyone thinking of running with the bulls in Pamplona. Not that they should. - *Jason Farrell, Sky News journalist, filmed Running with the Bulls by FilmWorks*

Peter provides an extensive compendium of expert knowledge, woven into the fluid narrative of his life. His writing mirrors his approach to running: genuine and intense. Peter walks the walk, or rather: runs the run. He is the real deal. He writes with the same gregariousness that has defined his impressive bull runs. Peter knows fiesta and lives it well. - *Dennis Eóghan Clancey, director / producer of Chasing Red; member of 20th Special Forces Group (Airborne); and graduate of the United States Military Academy at West Point*

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